

TRANSCRIPT FOR MHRT VIDEO 3

AFTER THE HEARING

A hearing at the Mental Health Review Tribunal can be stressful and you may not know what will happen next. This video will step through what you can expect.

The Decision

At the end of the hearing, the MHRT will usually tell you the decision.

This will include whether your involuntary authority or order should continue, whether you should stay in hospital or the community, and whether there should be conditions on what you can and can't do.

In some cases, the MHRT may need more time to discuss the decision, and you will find out a short time after the hearing.

After the hearing is finished, there won't be a chance to speak to the MHRT any further, but you can talk with your support network or treating team, as sometimes you may find the hearing challenging or confronting.

The Decision Notice

Within 7 days of the MHRT making their decision, you'll receive notice of it in the mail. This is an important document that you should keep.

You can ask someone in your support network, a member of your treating team, or an Independent Patient Rights Advisor or IPRA, to help you understand all the information in your decision notice.

Requesting a statement of reasons If you would like to know why the MHRT made its decision, you can ask for a statement of reasons by sending us an email or letter. If you don't have access to email, a member of your treating team can email a copy of your letter to the MHRT for you. This request should include your full name, date of birth, and hearing date.

The reasons for the decision will be provided to you within 21 days after we receive your request.

Disagreeing with the MHRT's decision

If you disagree with the MHRT's decision, you can ask the Mental Health Court to review the matter by lodging an appeal.

The Mental Health Court is not part of the MHRT and will make its own decision. For further information about this process, you can call the Mental Health Court on (07) 3082 0554 or visit their website.

Your next hearing Your authority or order will be reviewed on a regular basis. It may be between 6 to 12 months before your next hearing for a Treatment Authority, while hearings for Forensic Orders and Treatment Support Orders are every 6 months.

You can ask for an earlier hearing by completing and sending us an Applicant Review form, which can be found on our website.

For further information, visit www.mhrt.qld.gov.au or call 1800 006 478.