






Electroconvulsive Therapy (ECT) self-report - your views

Name:	
Date of birth:	
Date of hearing:	AMHS:
Do you identify as any of the following?	 <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>
Here is some space for you to identify any cultural, religious, or spiritual beliefs you would like the MHRT to know about.	
Use this space to tell the Tribunal about yourself and how you feel about your mental health. <i>For example, hobbies, employment, interests, feeling fine, stress, angry, confused.</i>	
What do you do to make you feel your best, both mentally and physically? <i>For example, speak to somebody, see a doctor, attend activities, support groups etc.</i>	
Tell us about the people in your life that help you if you are not feeling your best? How do they help you? <i>For example, family, friends, doctors, support groups, psychiatrist.</i>	
What do these people think is the best treatment for you? Do they agree that you should receive ECT?	
Your views on treatment	
What do you know about ECT? Do you want ECT?	

Have you had ECT in the past? How did it make you feel? What kind of side effects did you have (if any)?

For example, felt worse, felt better, no difference.

Outcome and future

What result would you like from this hearing?

Here is some space if you would like to write or draw anything else that you would like the MHRT to know.

For example, goals, future plans, safety plans, comments or questions about your doctor's application, progress you have made in your recovery etc.

Feel free to attach extra pages if more room is required.

Signature:

Date:

- Tick here if you do not want the information in your report to be discussed or shared with your treating team. Please note that the MHRT may still order the release of the information.

Once you have filled in this form, you can:

Email it to: MHRT.Enquiry@mhrt.qld.gov.au,

Post it to: PO Box 15818, CITY EAST, QLD, 4002

You can also bring it with you to your hearing if you wish.

If you provide your self-report to the MHRT, the MHRT will also provide it to your legal representative (if one is engaged).

It will only be used for the purpose of this hearing.

